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| Where are you?  Where do you want to be?  C:\Users\Tanya\Desktop\logo\w&g logo.jpg | Before:  What things are like now before we start? | After:  How you want things to be in 6 months’ time. |
| Have  Your Big Issue(s)  The thing you most want to sort out |  |  |
| Feel  Your emotions most  of the time. |  |  |
| Average  Day  How is it spent? |  |  |
| Status  How do you see yourself?  How do others see you?  What kind of person are you? |  |  |